

How to help your patients buy Allergica's anthroposophic homeopathic medicines



In most cases, products from Allergica can be ordered from *Dansk Homøopatisk Apotek* www.dhapotek.dk, but the patient might need a prescription from a doctor.

Specific rules may apply for different countries when a patient purchases homeopathic remedies without prescription - please see below.

General rules on how to buy

We get many questions regarding how to buy Allergica's remedies when living outside Denmark. We have tried to make an overview of the rules for some countries in the EU and outside the EU.

All Allergica's anthroposophic homeopathic remedies for sale in Denmark are available as OTC (over the counter) medicines in Denmark. But there may be other rules in your own country, so please make sure to investigate.

Generally, all citizens in the EU can buy OTC products in other EU countries, but in some EU countries there are import restrictions on pharmaceuticals bought online.

If you are a therapist or a doctor, you are NOT allowed to buy on behalf of your patient because you thereby act as an importer of pharmaceuticals, therefore needing permission from your local authorities. For that reason, it is very important that the patients buy the medicine themselves and for personal use only.

Allergica's medicine

Our medicine is produced in the form of either drops (ethanol), lactose powder, globules (sucrose) or drinking ampoules (isotonic saline solution – NOT for injection).

You can see all our remedies for sale in Denmark here: www.allergica.dk/webshop.

Information of ingredients you will find in the list '*Latin name - Remedies*'.

Where to buy

The only pharmacy in Denmark selling Allergica's medicine and shipping abroad is:

■ *Dansk Homøopatisk Apotek* - The Homeopathic Pharmacy Auning, Denmark - www.dhapotek.dk

Shipping and prices by Post Nord - EU countries, regardless of order size: DKK 190.

If you have questions about shipping and prices, contact:

auning@apoteket.dk or phone: +45 8648 8933

You are always welcome to contact them by phone or email if you have any questions or comments.

Opening hours:

Monday - Thursday: 9.00 am - 5.30 pm

Friday - 9.00 am: 6.00 pm

Saturday: 9.00 am - 1.00 pm

List of selected countries and rules for import of Allergica medicine



<i>Austria</i>	Homeopathic remedies from Allergica can only be ordered through a pharmacy in Austria.
<i>Belgium</i>	Allergica products can be ordered from The Homeopathic Pharmacy Auning. However, a doctor's prescription is required.
<i>Bulgaria</i>	Information not available.
<i>Czech republic</i>	Allergica products can be ordered from The Homeopathic Pharmacy Auning. However, a doctor's prescription is required.
<i>England</i>	Information not available.
<i>Estonia</i>	Allergica products may be sent to Estonia, but only if the sender and the recipient are both private persons. You can order one parcel containing no more than five unopened retail packages or if the package size of one medicinal product does not exceed the following: 200 tablets or capsules - 500 grams of powder for solution - 500 milliliters of oral solution - 30 ampoules or vials of injectable dosage forms - 50 grams of homeopathic granules
<i>France</i>	Homeopathic remedies from Allergica cannot be ordered online.
<i>Finland</i>	Allergica products equivalent to three month's use can be ordered by post from The Homeopathic Pharmacy Auning.
<i>Germany</i>	Homeopathic remedies from Allergica cannot be ordered online.
<i>Holland</i>	Homeopathic remedies from Allergica cannot be ordered online.
<i>Hungary</i>	Information not available.
<i>Iceland</i>	Allergica products equivalent to 100 days use can be ordered by post from The Homeopathic Pharmacy Auning. However, a doctor's prescription is required.
<i>Ireland</i>	Allergica products can be ordered from The Homeopathic Pharmacy Auning. However, a doctor's prescription is required.
<i>Italy</i>	Allergica products can be ordered from The Homeopathic Pharmacy Auning. However, a doctor's prescription is required.
<i>Latvia</i>	Allergica products equivalent to 12 month's use can be ordered from The Homeopathic Pharmacy Auning. Each shipment must not contain more than three units of each medicinal product.

List of selected countries and rules for import of Allergica medicine, cont.



<i>Lithuania</i>	Allergica products can be ordered from The Homeopathic Pharmacy Auning.
<i>Norway</i>	Allergica products can only be ordered from a pharmacy in Norway. However, a doctor's prescription is required. Contact your local pharmacy for price and order. For other inquiries about the product, contact www.arnika.no
<i>Poland</i>	Homeopathic remedies from Allergica cannot be ordered online.
<i>Portugal</i>	Information not available.
<i>Romania</i>	Information not available.
<i>Slovakia</i>	Information not available.
<i>Slovenia</i>	Homeopathic remedies from Allergica cannot be ordered online.
<i>Spain</i>	Homeopathic remedies from Allergica cannot be ordered online.
<i>Sweden</i>	<p>Some of Allergica's medicines are sold in Sweden under the name of Valapharma. You will find them here www.allergica.dk/international (called Valapharmas) and in Allergica's product catalogue 2019.</p> <p>They can all be bought here www.scanfarma.se and www.plantamed.se by the patient. All other Allergica products, equivalent to 12 month's use can be ordered from The Homeopathic Pharmacy Auning.</p>
<i>Switzerland</i>	Allergica products equivalent to one month's use can be ordered by post from The Homeopathic Pharmacy Auning.

How to help the patient

As you can see, a prescription or written declaration from a doctor is required in some countries. It is also a good idea to make a print-out from Allergica or the Pharmacy web page and specify on this print, what the patient should order, as well as the dosages and indications.

Information about Allergica remedies

An e-book version of The Medicine Book written by The Association Alma with all the anthroposophic homeopathic medicine made by Allergica and sold in Denmark is available for purchase.

You can buy it here: <https://foreningen-alma.dk/vare/e-bog-laegemiddelbogen-2023/>

Please note: This e-book is written in Danish, but you can copy the text and use Google translate to convert it into your own language.
